

Junk Food

A: I'm hungry, let's grab a bite to eat. یه چیز بخوریم.

B: Sure! How about we go home and prepare a couple of sandwiches? آماده کنیم تعدادی

A: Nah! Let's go get a burger and fries.

B: All you ever do is have unhealthy fast food Pizza, fries, burgers and hot dogs! You have to start eating better! ناسالم

A: What are you talking about? I have salads sometimes.

B: Yeah right! I'm serious! You should also cut down on your sugar intake as well. جدی ام! You همچنین You drink carbonated drinks that are high in fructose syrup! It's really not healthy! دریافتی شکر کمتر بخوری

A: Fine! I'll start drinking and having home cooked meals that are low in fat. خانگی Are you happy now? کم چرب

B: It's a start, but I'll be happy when I see you stick to your promise! سر قولت میمونی!